



Zoë Younger RCC-ACS

Phone Number:

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Business City:

Vancouver

Website:

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My therapeutic approach is rooted in Adlerian principles, and I also draw on solution-focused, narrative, and CBT/Mindfulness therapies with a trauma informed lens. I completed Gottman Level 2, and EFT Externship post-graduate training, as well as intro and advanced Supervision courses. In addition to counselling, I am faculty at the Justice Institute of BC, teaching collaborative, interest-based conflict resolution and negotiations skills. Counselling is my second career, with my previous work spanning nearly two decades, working in government (Federal and Provincial) as a Treaty Negotiator, and in the natural resources sectors in the fields of indigenous relations, government relations, public policy, HR, Health and Safety and Communications.

I approach supervision with an emphasis on the goals and needs of Supervisees and their clients. My academic and practical experience are continuously enhanced by emerging research-based best practices in counselling. I combine the experience and expertise gained from of my various roles, training, education and experience to guide, encourage and support Supervisees in a respectful, collaborative environment.

I am available to support counsellors who already have, or are interested in starting a private practice and can offer a range of advice and information helpful in establishing and growing a private practice, including students in practicum who are curious about private practice. My clinical expertise may be most helpful to those seeking supervision in regards to relationship counselling (including high-conflict separation and divorce mediation), substance use disorders, and major life transitions.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

