



Virginia Ronning RCC-ACS

Phone Number:

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Business City:

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I am a clinical counsellor based in Victoria, BC and I work with clients from various locations in B.C. Throughout my career, I have had the fortune of working with children, youth, and adults, in the capacity of an educator, counsellor, executive coach, and more recently a clinical supervisor. On a personal note, I am a mother of two daughters and a grandmother to three young boys. I am a painter, an avid reader, and love to travel.

My passion for lifelong learning and ongoing training has enabled me to expand my knowledge, and resources and further develop essential clinical skills.

The clinical supervision I provide is built on the foundation of understanding human development, attachment and systems theory, existentialism, and humanism. Being strength-based and trauma-informed aligns well with the diverse modalities I apply, which include Cognitive Behaviour Therapy and insights from neuroscience research.

My work has included the following:

- Personal and professional growth.
- Anxiety and Depression.
- Critical Incidents. On response teams for organizations and individuals.
- Relationship & Family Dynamics.
- Coaching Parents.
- Separation & Divorce.
- Transformational Change. Career exploration.
- Learning needs and diversity. Educational needs.
- Knowledge of note-taking and record-keeping, ethical standards, and resources if legal matters arise.





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Supervision is a dynamic and collaborative process that is based on the interests and needs, concerns, and interests of my counselling clients.

A few areas of focus for supervision can include:

- Case Review, Management, Conceptualization
- Mapping solutions
- Documentation check-in
- Review for Safety and Risk
- Ethical complexities - check for due diligence, blind spots
- Clarify and brainstorm internal and external resources
- Examine diversity - developmental, gender, neurological, or multicultural
- Determine if more extensive assessments are needed
- Self and professional awareness and skill development

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

