



# Vanessa Oleksow RCC-ACS

Phone Number:

250-430-2546

Business City:

Fernie

I work as a pediatric mental health generalist in a rural setting and have a special interest in supervising counsellors who are relatively new to the field. My style tends to be integrative, intentional, and grounded in theory and a deep respect for context. I draw from several theoretical orientations (including CBT, ACT, SPACE, Narrative, and EMDR) to create a tailored therapeutic experience.

I believe that the foundational element of good supervision is a safe and respectful relationship and I work hard to create an atmosphere where supervisees feel comfortable bringing forward anything that they struggle with or want to celebrate in their practice. I trust that people know what they need and work to co-construct useful and meaningful sessions. Past supervisees have commented that our relationship made them feel confident that they could take on challenges knowing that they would be effectively supported.

Email: [voleksowcounselling@gmail.com](mailto:voleksowcounselling@gmail.com)

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

