



Valerie Dolgin RCC-ACS

Phone Number:

604-375-4879

Business City:

Vancouver, Lower

Mainland

Website:

www.valeriedolgincounselling.com

I have been in the field of counselling for the past 15 years. The majority of which I worked at community counselling agency on the child and youth team, and later in a more administrative role. I have been supervising Masters Level students for 7 years now in both private practice, and community settings. Six years ago I opened a private practice, so have a good perspective on that part of the work as well.

I employ a feminist, trauma-informed and collaborative approach to my work as a supervisor and in consultation. We are on a journey together, and I offer a supportive, gentle approach where curiosity and vulnerability are welcomed as key aspects of our work with clients (so of course we need that in supervision/consultation).

I have an eclectic approach, drawing from CBT, Somatic, Synergetic Play Therapy, Expressive Arts and more.

Supervision/Consultation in areas of grief/loss, parenting, working with children and youth, trauma. I also welcome practitioners who are looking for consultation in areas of professional development and transference/counter transference with clients.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

