



Tyler Milley RCC-ACS

Phone Number:

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I have been a registered clinical counsellor for 20 years working with clients and couples dealing with all sorts of issues, however, my practice began and is still significantly focused on people of all ages with neurodivergence. I have a very client-centred, relational, and collaborative approach and believe in supporting clients and families to make sustainable change.

As a clinical supervisor, I believe for therapy to be enjoyable and effective for all involved it is essential for the counsellor to be themselves with their clients, rather than emulating someone else or simply performing the act of therapy. Therefore, my goal as a supervisor is to encourage and support the exploration and emergence of the person of the therapist and their unique way of showing up for their clients.

I am a husband of 21 years, a father of 3 children, and a proud member of the adoptive community.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote

