

Traci McGee RCC-ACS

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I am a clinical supervisor, therapist and counsellor with more than three decades of experience in Greater Victoria. My work is systems oriented and grounded in evidence-based modalities including EFT, CBT and EMDR.

I have supervised MA and MSW students from several universities, and counsellors working for a non-profit. I also lead the clinical team of the CRD Perinatal Counselling Program. My supervisory work is informed by a career in full-time private practice (more than 15 years), government (12 years), and also in the high school system and on a psychiatric ward.

As the supervisor, I will provide a safe and brave space where we can each be authentic and raw, and where the supervisee can explore and grow both personally and professionally. The approach I take is relational and collaborative. For supervisees, it is an opportunity to understand themselves more deeply, integrate their understanding into their practice, and gain more confidence working in the counselling modalities which they have chosen.

The supervisory work that interests me is with post-graduate clinicians who seek to further develop their craft, and who are comfortable sharing some of their counselling work directly by video or one-way observation mirror. This provides a more detailed picture of what happens with supervisees and clients in the counselling room, and will help enrich the learning work we do together.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

