



Tracey Dahl RCC-ACS

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As an AEDP experiential assistant, working with interns or seasoned clinicians, I have witnessed how lonely therapists can feel in the labour of caring for clients. We work to undo the unbearable aloneness that clients experience with pain and suffering. This sentiment is a foundational core of AEDP, both with clients and during clinical consultation and group supervision.

Clinical consultation is a safe, confidential space for therapists to fine-tune their skills, integrate a new therapeutic approach, deepen a trauma-informed practice, and experience support when the work feels stuck.

- Vicarious Trauma
- Integrating Trauma-informed Practice
- Recent Graduates
- Introducing AEDP to Practice

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

Type of Services

- Online/Remote

