



Tara Munro RCC-ACS

Phone Number:

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Business City:

Sooke, Colwood, online

Website:

seatotree.ca/tara/

My goal, as a clinical supervisor, is to support and grow your clinical approach. I do this by providing a fresh perspective while keeping your unique clinical style in mind. Together we will enhance your skills and capacity and increase your personal and professional growth reflection. I work with all ages, and I have advanced training and clinical experience working with trauma and First Responders. I am EMDR Certified, Gottman Level 3 trained, trained in Sex Therapy as well as Critical Response protocols. I also integrate a variety of theoretical orientations such as strength-based, response-based, solution focused, eco therapy, mindfulness, cognitive behavioural therapy, systemic, trauma informed and feminist. I am open to providing supervision for individuals, dyads, small and larger groups.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

