



Sze Oi Lau RCC-ACS (Provisional)

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Supervision and Consultation

Richmond BC

Lau, Sze Oi, Ed.D. RCC#1813, Art Psychotherapist

I have 30 years clinical experience in Mental Health issues: Depression, Phobias, Early Psychosis and addiction; Trauma related to PTSD, Domestic violence and abuse; Cultural adjustment and attachment issues. I am also specialized in right and left brain visual learning, promote and design personal therapeutic and educational program for children with Autism, Syndromes, learning Delays & ADHD.

My training combines elements of multiple disciplines: General Psychology, Depth and Transpersonal Psychology, Arts Therapy, Creative Theory, Western and Eastern Philosophy, Left and right brains function. My holistic Body Mind Spirit approach resides in integrating different therapeutic arts processes including language, arts, play and music.

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Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

Type of Services

- Online/Remote
- In-Person

