



# Suzanne Vardy RCC-ACS

Phone Number:

604-733-8409

Business City:

North Vancouver

Website:

[compassionateparenting.ca](http://compassionateparenting.ca)

Besides being in private practice, I am Associate Faculty at City University of Seattle (Canada) in their Masters of School-Based Counselling program and I work in a lower mainland school district.

I have worked with children, youth, and families in many settings including not-for-profit agencies, alternative measures programs, school districts, and my clinical counselling practice.

I am a certified Focusing-Oriented Therapist. I also have training in and draw on Interpersonal Neurobiology, Narrative Therapy, mindfulness, trauma-informed practice and CBT. I work with:

- Families experiencing challenges
- Children/youth who have experienced abuse
- Children with problem sexual behaviour
- Grief and Loss
- Friendship issues
- Suicide Ideation

Clinical Supervision includes but is not limited to:

- Case conceptualization
- Reviewing cases where you feel “stuck”
- Celebrating successes
- Reviewing ethics, reporting, codes of conduct, and legislation
- Encouraging self-reflection
- Supporting your growth and development as a professional.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

