

## Susan (Sue) GilliesBradley RCC-ACS

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elling.com

I've worked as a clinical counsellor for over 25 years in a variety of community agencies, private practice and Employee Assistance work. For the past 9 years I've been in the role of District Elementary Counsellor for Rocky Mountain School District. Throughout my career, I have worked with a diverse set of clients, including children and youth, individuals and families. I've helped people overcome many different types of challenges, from depression and anxiety to relationship issues and life transitions. The knowledge I've gained in my career has given me a unique perspective and insight into the needs of children, youth and families in our world today.

I am available to provide consultation to workplaces, schools and have years of experience facilitating workshops and small groups. I have training as a Counsellor Supervisor and it is important to me to provide new counsellors with qualified support and guidance to create an environment for clients to feel confident that they are receiving competent and compassionate care. My clinical supervision areas include trauma-informed practice and attachment theory, mindfulness approaches, client-centred therapy, emotion-focused therapy and narrative therapy. Supervision will be provided on reflective and deliberate practice, learning case consultation and review, ethical and legal issues, self-awareness and self-care, cultural competence and record keeping and documentation.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

