



Susan Armstrong RCC-ACS

Phone Number:

250-540-7304

Business City:

Vernon

Website:

<https://bcacc.ca/counselors/susan-armstrong/>

I have maintained a general private practice specializing in trauma for over thirty years. I have worked with children through to elders and have in-depth experience counselling indigenous and lgbt2s+ people. I have extensively studied and trained on vicarious trauma and strategies to mitigate its impacts. My therapeutic 'homes' are emotion-focused, narrative, ego state and EMDR. Within clinical supervision, you will be supported and gently challenged to deepen your identity as a therapist, solidify your interventions, explore transference as it arises and attune to yourself in a compassionate manner.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

