



Stefanie Poli RCC-ACS

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Business City:

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I completed my Bachelor of Arts degree at Simon Fraser University, focusing on psychology and criminology. I followed up with a Masters of Arts degree at Adler University and later became registered through BCACC as a Clinical Counsellor. My post-graduate training includes parenting and family counselling, EMDR, healing after sexual abuse, trauma-informed practice, and working from an anti-racist and decolonized stance. I have spent the past 14 years working at a non-profit family counselling agency organization, specializing in working with mothers of young children to help break toxic familial cycles and help regain a sense of empowerment and self-identity. During that time, I also worked for many years as a supervisor, helping to support staff in their work with families. I currently work in private practice as an EMDR therapist, where I am also available to provide clinical supervision. I am passionate about working with students looking to develop their clinical skills and offer discounted student rates.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation

Type of Services

- Online/Remote

