



Shereen Khan RCC-ACS

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I have been a clinical counsellor and educator for over 20 years. I love being a therapist and welcoming and mentoring other counsellors. I teach theories and counselling skills at the university level and take pride in helping support novice student counsellors develop into professionals. I am integrative in my therapeutic approach leaning on person-centered and trauma informed. My clinical tool box include several clinical interventions such as CBT, DBT, IFS, EMDR, EFT and SFBT to name a few. As a supervisor and consultant, I believe in meeting the supervisee where they are at. Trainees come with their unique dispositions and contextual factors and helping them develop and integrate their personal and professional self in part of the experience.

I am reflective and feminist in my approach where the personal is political. We work in a focused approach weather your area of interest is supervision and consultancy on a specific theoretical approach, ethical decision-making or mastering your clinical skills.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

