



Sheila Awai RCC-ACS

Phone Number:

250-634-4353

Business City:

Courtenay

Having worked with youth and families for over 20 years in a counselling role, I am now expanding my practice to include clinical supervision. In my career, I have worked with youth, adults, and multi-stressed families in a variety of ways: practical support, systems navigation, child protection strategies, 1:1 and/or family counselling, as well as a considerable amount of therapeutic group work.

I practice from a feminist perspective, and embrace the theoretical foundations of Carl Rogers. My vision as a clinical supervisor is to support your professional development, and to collaboratively encourage and expand growth in your career trajectory, while exploring the limitations and challenges that arise in the context that you find yourself working in. To foster development and change, I will focus on your strength areas, intentionally explore where you practice with confidence, help you consider areas of challenge, and offer constructive feedback when requested.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

