



Shawna Medley RCC-ACS

Phone Number:

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Business City:

Abbotsford

I am a Registered Clinical Counsellor and Approved Clinical Supervisor with a Master's degree in Counselling Psychology from Simon Fraser University. I have over 20 years of experience in counselling, training, supervising, and directing the mental health department at Trinity Western University. I recently retired and have transitioned to part-time private practice offering services related to anxiety, parenting and relationship challenges. I also provide clinical supervision to Masters-level clinical practicum students and clinical supervision and consultation to new and established therapists. I work with adult individuals and couples through a lens of internal Family Systems, CBT, and Emotion Focused Therapy. I am a firm believer in fostering growth and confidence through curiosity, collaboration and respect.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Consultation

Type of Services

- In-Person

