



Shahin A.
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I am pleased to have the opportunity to serve as your clinical supervisor. I am completing the final year of the Doctor of Counselling Psychology degree at Yorkville University. I have worked as a clinical counsellor in various mental health settings for over ten years. I have been a Registered Clinical Counsellor and Art Therapist since 2013 as a culturally competent counsellor. I am an experienced Integrative and eclectic therapist that uses a few approaches in my clinical practices, such as Cognitive Behavioral Therapy, Solution-Focused Therapy, Acceptance Commitment Therapy, and Person-Centered Therapy with the integration of cultural and spiritual perspectives. My supervisory formats include individual or group supervision to support professional development in becoming culturally competent as an eclectic therapist. I encourage my supervisees to be open-minded and curious to learn new ways to become competent when collaborating with cultural clients. Finally, my supervision orientation includes using Integrated Discrimination (IDM) and Developmental models (DM) to support your professional growth.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

