



Sarah Pullman RCC-ACS

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Victoria

Website:

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I have been in practice since 2010, and supervising since 2020. I supervise practicum students in my group practice, and also provide case consultation for other counsellors outside of my practice. As a counsellor, I have a lot of experience working with C-PTSD as well as the 2SLGBTQIA+ community, and my work tends to be long-term. My primary orientation is AEDP, and my supervision style comes from this ethos as well.

Together we get curious about what is arising in both the therapist and in the client, on multiple levels. We can work from recorded sessions, or discuss cases, as needed. I am supportive and encouraging and also believe that we need honest feedback to grow.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Online/Remote
- In-Person

