



Sam Kaplan RCC-ACS

Phone Number:

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Vancouver

Website:

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I have worked as a counsellor for the last 15 years- with non-profits, the health authority and now in private practice. I provide individual consultation/supervision with both emerging counsellors and counsellors who have been practicing for years, as well as providing individual and group consultation with non-profits.

I primarily work alongside queer/trans folks, youth and adults who have experiences with foster care, BIPOC and mixed ancestry folks, and neurodivergent folks.

Areas I can provide support around- ongoing work towards creating an anti-oppressive and affirming environment, somatics, working with experiences of psychosis and bipolar disorder, child and youth counselling, coping strategies that clients may have hopes around shifting (self-harm, substance use), and OCD.

In my own practice I often integrate EMDR, somatics, DBT and parts work.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

