



Dr. Saira Sabzaali RCC-ACS

Phone Number:

250-515-0332

Business City:

Salmon Arm, BC

Website:

www.dragonflywellness.ca

I have been in practice since 2007 and am the Clinical Director at Dragonfly Wellness Centre, a multi-disciplinary wellness hub designed for wrap-around support for all the inter-related elements of human health and well-being including physical, spiritual, mental, emotional, and relational. I also co-founded Dragonfly Academy, an online space for evidence-informed personal growth and professional development.

My academic background and clinical training is in Transpersonal Psychology. I take a Transpersonal, Narrative, and Humanistic approach in my practice, and provide supervision for those interested in maintaining an integrated practice where techniques from a variety of theoretical orientations are utilized. I specialize in supporting BIPOC therapists new to the field.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

Type of Services

- Online/Remote
- In-Person

