



Roxana Winzer- Van Aller RCC-ACS

Phone Number:

250-485-8779

Business City:

Okanagan, Online in BC

Website:

www.connectcounsellingsociety.ca

I have been providing clinical supervision for 15 years. I work collaboratively with my supervisees to provide a deeper understanding of themselves and their work with clients. I believe that a flexible approach with an emphasis on understanding the needs of the counsellor is key.

I balance my therapeutic role with a leadership role as the Executive Director of Connect Counselling. I bring over 25 years of experience to the team and take an eclectic approach to therapeutic work. I draw on many years of experience and training, trusting in the resiliency of the human spirit. I work with clients impacted by trauma (historical or current), symptoms of anxiety, depression, disruptive behaviours, relationship challenges, low self-esteem and issues with managing anger/conflict. I am currently completing my final requirements as Somatic Experiencing Practitioner. For more information see www.connectcounsellingsociety.ca

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

