



Dr. Rochelle Sharpe Lohrasbe RCC-ACS

Phone Number:

250-588-9569

Business City:

Greater Victoria

Regional District;

Vancouver, Online

I came to trauma and dissociation care, not from intending to become a 'trauma therapist' but from a path of discovery as I searched for ways to relate, guide, help, witness, etc. to the person who sat across from me. On that path I've explored many histories, theories, modalities, tortures (assisting in ECT), applications, protocols, etc. I've got some extra education in several contemporary modalities from Sensorimotor Psychotherapy (SP) and EMDR Therapy to clinical hypnosis, neurofeedback and even some nifty techniques, like Flash and Havening. I'm an EMDRIA Approved Consultant and on the faculty of the SP Institute. I've worked in a range of settings with a range of populations across the lifespan.

I enjoy the creative, generative, and curious aspects of consultation/supervision in a collaborative, mentorship-esque, less formal space, but am flexible when formality and structure fit the bill (like EMDR Certification).

Pronouns: she/they

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

