



# Paula Bude RCC-ACS

Phone Number:

604-229-4887

Business City:

Surrey, White-Rock,  
Langley

Website:

[www.lovethistherapy.com](http://www.lovethistherapy.com)

Counselling and Supervision with me is an invitation to recognize “the obstacle as the way”. I enjoy walking alongside counsellors as they learn to transform therapeutic difficulties into opportunities for clinical and even personal growth. Grounded in the developmental model of supervision, I will assist you in setting realistic goals for growth while tailoring supervision to meet your specific needs. When it comes to Person of the Therapist explorations, I emphasize self-awareness and self-reflection in the therapeutic process.

As a graduate of UBC and University of Toronto with 12+ years of clinical experience, I find occupational joy not just in my clinical and supervisory work, but also in the nurturing of a group practice called Love This Therapy. If you seek case consultation, supervision, or insight into running a private or group counseling practice, you are invited to contact me. Together, we can navigate the rewarding and challenging aspects of this profession while including ourselves in our circles of compassion.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

