

Phone Number:
604-500-1428
Business City:
Richmond, Burnaby,
Surrey
Website:
nc-counselling.com

Miriam has been a registered clinical counsellor (RCC), advocate, legal educator, and social services professional for over fourteen years. Along with a Master of Counselling Psychology degree, Miriam is certified in crisis intervention (MANDT) and has ASSIST First Aid Suicide Intervention certification. She is also a member of the "We Can" campaign to end all violence against women and the Developmental Disabilities Foundation. Miriam is an approved counsellor for the Crime Victim Assistance Program (CVAP) and the Employee and Family Assistance Program (EFAP). Miriam provides individual, children and youth and family counselling. She also works with women who have experienced trauma due to sexual and domestic abuse.

Miriam's work frame comes from a holistic approach and uses a blend of the following therapeutic modalities
Adlerian Therapy, Cognitive Behavioural Therapy - CBT (certify TEAM-CBT), Dialectical Behaviour Therapy, Family Systems, Sand Tray, Gestalt, Feminist Therapy and Mindfulness-based Cognitive Therapy - MBCT.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote

