



Mike Smith RCC-ACS

Phone Number:

604-880-5957

Business City:

North Vancouver;
Vancouver; Lower

Mainland

Website:

www.mikesmithrcc.com

I identify as a cisgender biracial man and have worked as a Clinical Supervisor/Consultant of RCC/RTC/MTC's and graduate-level students for the past 9 years at Adler University - Adler Community Health Services, Squamish Nation - Ayas Men Men Child and Family Services, and Family Services of the North Shore. My supervision style is rooted in Attachment Theory, Family Systems Theory, Person-centered Theory, and the Interpersonal Process in Psychotherapy (A Relational Approach). I am Feminist-Informed, Trauma-Informed, and culturally aware.

I have supervised multiple issues:

Anxiety, depression, grief, relationship struggles, trauma, complex trauma, childhood abuse, as well as acute and chronic mental health diagnoses like Bipolar Disorder, PTSD, Schizophrenia, and Borderline Personality Disorder; children and youth from age 4-25 years; families struggling with poverty and violence in relationships; the LGBTQI2S+ community, specifically with Trans youth and their families; a variety of groups; Black and Indigenous adults; Indigenous children, and youth.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote

