

Phone Number:
604-765-0045
Business City:
Vancouver, Lower
Mainland

Michelle trained as a clinical psychologist in Australia, and has been a Registered Clinical Counsellor in BC since 2005. Her area of expertise includes adult mental health, couples therapy, and group therapy, with a focus on CBT, DBT, motivational enhancement therapy, solution-focused therapy, high-conflict couples and working with mandated clients.

Michelle has worked in the public, private and non-profit sectors. She is currently the Director of Clinical Programs with a non-profit organization, supervising a large team of clinical counsellors and practicum students. She is also an instructor in the undergraduate counselling minor program at KPU, specializing in the instruction of basic counselling skills, and counselling theory. Her clinical supervision experience spans two decades.

Michelle is passionate about clinical supervision and supporting professionals through her collaborative style, sharing her knowledge and expertise so that others can grow in their profession.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person