



Marla McLellan RCC-ACS

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I have been a counsellor since 1998, working in both the public secondary school setting and in private practice, walk and talk, where I integrate movement and mindful awareness into the counselling arena. The theories I gravitate toward are the following: neurobiology, polyvagal, trauma-informed, attachment, somatic, and systems. I supervise master's students through their coursework as well as clinical interns at City University. I offer both individual and group supervision. I work as a clinical supervisor in much the same way that I work as a practitioner.

What is similar is that I see us both bringing expertise to the table; you as the practitioner, have the expertise on yourself and your practice, while I have the expertise on the overall helping and supervisory process. We both have responsibility in the supervision process; it is incumbent on me, as the supervisor, to ensure that you, as the practitioner, are encouraged to practice in a healthy manner for both yourself and your clients. You, as the practitioner, have the job of bringing to supervision the issues as you see them appearing in your work. This includes everything from issues in specific cases, challenges in the workplace, concerns regarding other services – or the lack thereof – and issues related to how your own personal wellbeing may be appearing in your work.

One of the key differences in my role as clinical supervisor as compared to that of clinician is that part of my role is to support both your personal and professional development. Together we work to have a clear career path in which I am supporting and encouraging continued growth in your practice that fits the professional and clinical goals you have for yourself.

My job is also to give you consistent feedback and ensure, as much as possible in this type of process, that you are practicing in an ethical manner.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Online/Remote
- In-Person

