



# Marcia Moitoso RCC-ACS

Phone Number:

604-283-7827 ext. 705

Business City:

Delta, Surrey, White  
Rock

Website:

[www.alongsideyou.ca](http://www.alongsideyou.ca)

As the Assistant Clinical Director at Alongside You, I supervise intern counsellors throughout their masters practicums, and I also supervise many RCC's throughout their careers. My style of supervision leans heavily on Person of the Therapist (POTT) work, along with case consultation.

Through POTT work, I support my supervisees to examine themselves, and any blind spots that may be coming into their therapy practices. Us counsellors are all human and therefore have our own histories and lives outside of therapy that influence who we are in sessions with our clients. I strongly believe that it is equally important that we are looking inward at ourselves, as well as outward at our clients in order to facilitate meaningful, authentic therapeutic relationships. In this way, I guide my supervisees to explore who they are in relation to their clients and in relation to the context in which they are doing therapy.

In addition to the POTT work, I am trained in EMDR, IFS, Sensorimotor Psychotherapy, DBT and EFT and I can therefore offer supervision from these frameworks. I am a certified EMDR therapist and am able to provide EMDR consultation which can be used toward certification for EMDR consultees. I also have significant specialized training in treating trauma-related conditions, including complex-PTSD and dissociative disorders, and can offer supervision on these often complex cases.

My overall goal as a supervisor is to help my supervisees reach the full expression of who they are as unique therapists. I really enjoy this work, it's a great privilege to be trusted with my supervisees' processes.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

