



Marcia Burton RCC-ACS

Phone Number:

250-390-4541

Business City:

Salt Spring Island

Website:

mindfulselfdiscovery.com

I am interested in supporting counsellors to bring the best of themselves to their work. I have a mindfulness-based and compassion-centred focus to my work. I encourage self-reflection as an avenue for the growth counsellors. I help supervisees to remember their own strengths and feel into the most ethical solutions to their issues. I use my training in ethics to build awareness of power dynamics as they arise with reference to role and status power.

I have particular interests in body-centred approaches, right-brain (often non-verbal) explorations, ethics and social justice. I love to see others shine and find what gives them joy in their work.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

