



Luisa Ospina RCC-ACS (Provisional)

Phone Number:

604-330-1636

Business City:

Vancouver

Website:

collective-

healing.ca/team/luisa-ospina

Luisa (they/she) is a non-disabled, cisgender, queer, working-turned-middle class, neurodivergent, white Latinx woman of mixed ancestry, immigrant, settler offering trauma counselling and art therapy services in so-called 'Vancouver'. Their identities, experiences, and context have a profound impact on her work as a counsellor and supervisor. Luisa often works with people who feel disconnected, invalidated, and powerless after experiencing trauma and injustice. They support clients in processing their experiences and deepening their understanding of themselves and their relationships. They affirm clients' needs and desires, and value reciprocity and collaboration. In honoring clients' knowledge, Luisa invites them to co-create safety and exercise their self-determination. As a supervisor, they try to offer a direct, transparent, caring, and nonjudgmental environment. Luisa specializes in working with people who have experienced trauma, including gender and sexualized violence, experiences of ongoing oppression, and challenging life changes. They work with adults, BIPOC, and 2SLGBTQAI+ communities. Luisa integrates various trauma-informed, relational, and client-centred approaches that are situated in intersectional feminist, anti-oppressive and social justice principles.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

