



Luis Enrique Monje- Alvarez RCC-ACS

Phone Number:

604-910-0100

Business City:

Burnaby, Vancouver

I have over 25 years of clinical experience as a counsellor, therapist, and psychiatric social worker with Forensics. I have primarily worked with Youth and their families, both at BCCH and with Youth Mental Health teams in Vancouver and Richmond.

My areas of supervision, mentoring, and consulting include DBT, CBT, the Satir Model, and other client centred approaches.

I am passionate about the work we do as counsellors; we are privileged to be allowed into the lives of our clients/patients. My main interest is working with new counsellors/therapists.

Supervision, mentoring, and consulting, is not about what you already know, it is what you will discover, first as a person, then as a professional.

I have also mentored seasoned counsellors; the sessions were exciting, provocative, and challenging. One of my aims as a clinical supervisor is to maintain the passion that brought you into this profession in the first place and prevent burn out. A question I ask is: "What do you bring into the session with your clients?" This is regardless of your therapeutic approach, training or experience.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

