



Lisa Ward RCC-ACS

I have 20 years experience offering individual and group therapy, as well as parenting support. I operate from a trauma informed approach. I specialize with adolescents, young adults and families. I work with issues such as suicidality, self-harm, anxiety, depression, ADHD, school motivation, stress, childhood abuse and trauma, and PTSD. I am trained in CBT, EMDR, ERP, MBSR-T, DBT, and adopt a person-centered approach. I provide supervision to clinical counsellors, practicum students, and to front-line youth workers.

Phone Number:

604-722-1545

Business City:

Vancouver, Richmond

Area of Supervision:

- Clinical Supervision
- Group Supervision
- Peer Supervision

Type of Services

- Telephone
- Online/Remote
- In-Person

