

Lida Izadi RCC-ACS

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bcacc.ca/counsellors/lida-izadi/

As a mental health clinician, clinical supervisor, and educator, I have worked with many practitioners for personal development and improved clinical competence. In turn, I have been fortunate to receive mentorship and supervision throughout my own development in the field.

As a clinician, I have 20 years of experience in working with individuals, couples, families, and groups of all ages and with complex mental health issues.

As a supervisor, I work with students and counsellors from different theoretical approaches and levels of clinical experience. My supervision encourages the confidence and self-awareness of trainees.

I have regularly offered supervision courses at Adler University in Vancouver since 2017. The course prepares students to work ethically and effectively as counsellors and to develop as socially responsible practitioners.

I am passionate about my work and feel privileged and rewarded to do what I so immensely enjoy.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Online/Remote
- In-Person

