



Les Reimer RCC-ACS

Phone Number:

604-897-7565

Business City:

Burnaby, Langley,

Abbotsford

Les has been practicing as a Registered Clinical Counsellor (BCACC #1342) for over 33 years in the non-profit and post-secondary environment. At Simon Fraser University, Health and Counselling Services, his focus has been on supporting students, providing leadership, and working within a collaborative, integrative health clinic and student services team.

Les is a trauma-informed, person-centered counsellor who maintains a practical, relational, and integrative approach to therapy. His clinical approach is influenced by Emotion Focused/Process-Experiential, Existential/Humanistic/Experiential and Third Wave CBT theories. Belonging, connection, compassion and curiosity are key values that he holds that invite another to be seen, heard, understood, and to feel safe, respected, and welcome. He is a learner who humbly strives to maintain sensitivity to issues of identity, diversity, race and to assist clients in compassionately addressing thematic patterns and emotions that may be distressing and impairing their journey toward healing and change in life.

Les has diverse and extensive work experience and is currently the Acting Associate and Training Director at SFU, Health and Counselling Services. He is grateful for the opportunity to provide clinical and group supervision to the talented HCS counselling staff, practicum supervision team and over 30 master's level practicum trainees from various institutions.

As a clinical supervisor, he is primarily influenced by The Seven Focused Supervision (Hawkins and Shohet, 2000) and the Integrated Development (Stoltenberg, McNeil, Delworth) models of supervision.

Though theory informs and guides the supervisory process, Les also strives to maintain the values he believes are essential for creating a positive, safe, healthy, and productive supervisory relationship and learning environment.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

