



Lauren Shay RCC-ACS

Phone Number:

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Business City:

Vancouver

Website:

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Lauren is a Registered Social Worker and Registered Clinical Counsellor - Approved Clinical Supervisor experienced in working with relationship issues, trauma (including complex/developmental trauma), sexuality concerns, abuse, abandonment, and heartbreak. Lauren's therapeutic practice is guided by an attachment-based, trauma informed, client-centred, feminist, and strengths-based framework. She works with couples and individuals and is trained in Emotionally-Focused Therapy, Somatic Experiencing, the Gottman Method, sex therapy and Narrative Therapy. Lauren is experienced in working with sexual minorities, including the LGBTQ+, practitioners of BDSM, non-monogamous relationships, and people who work in the sex industry. She is passionate about forming personal and caring relationships with her supervisees, but she also utilizes a direct and to-the-point style of communication when indicated.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

