



Laurel Tien RCC-ACS

Phone Number:

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Business City:

Vancouver, Surrey,

Langley

I come to the practice of counselling with a passion for wellness and transformative, life-long learning. I work in the public setting as a clinical counsellor in a local primary care network, support a local arts organization as executive director, and teach Clinical Counselling at the post-secondary level. My Ph.D. in the Transformative Studies program at California Institute of Integral Studies focused on privileging emergence and relational learning as generative collective wisdom. My beliefs about diversity and inclusion are couched in this participatory framework. In my private practice, I provide individual and couples counselling. My main theoretical orientations are existential-humanistic and post-modernist/constructivist, but in practice, I employ a wide range of theories and techniques that we can tailor to your individual situation. I have received specific training and professional development courses in all of the therapeutic modalities I use.

Supervision Philosophy

I have engaged in Supervision Training and Supervision of Supervision. In practice, I recognize the need for different approaches, formats, structures, and types of supervision for different supervision settings (e.g., universities, agencies, schools, privately contracted). I engage in peer supervision with other supervisors and use this format to engage in self-reflection and other avenues of personal and professional development. In my clinical supervision practice, I draw from the nine aspects of the supervisor role (Chang, 2013): Clinical Educator, Skill Development Coach, Ethics/Risk Management Consultant, Catalyst, Professional Gatekeeper, Organizational/Administrative Supervisor, Personal Supporter, Professional Mentor, Advocate/System Change Agent.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

