



Larisa Fry RCC-ACS

Phone Number:

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Business City:

Vancouver, Victoria,

Salt Spring

Website:

www.tulawellness.ca

I am a Registered Clinical Counsellor and Approved Clinical Supervisor (RCC-ACS) with the BCACC, with a Master of Arts Degree in Counselling Psychology. I am also a Professional Member of the CCPA, possessing a Canadian Certified Counsellor (CCC) designation, and an RP designation with the CRPO (Ontario). I am a Trauma and Violence Informed Therapist with 15 years of passionate work with youth, adults, and families who have been impacted by person-centred trauma, intergenerational trauma or environmental trauma. I offer a wide variety of treatment options including EMDR (Certified therapists and CIT), DBR, Somatic Therapies, Emotional Focussed Therapy, CBT and DBT.

Currently, I have openings in September 2023 for group and individual clinical supervision. This is virtual support that can be offered weekly or monthly. In-person support is found on Salt Spring Island. I invite sessions for interns, supervisees or counsellors looking for supervision and accountability in their practice. I provide information and proven therapies to help you gain insights, heal old wounds, and bring about lasting change for your clients. Counselling can be one of the most important and life-changing steps a person may take. I'll be there to support you as you help to make change for others.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

