



# Kristen Johnston RCC-ACS

Phone Number:

778-871-1211

Business City:

Port Moody, Coquitlam,  
Burnaby

Website:

[www.junipercounselling.com](http://www.junipercounselling.com)

I am the Clinical Director of Juniper Counselling and Adjunct Faculty at Adler University. I have over 25 years of working in mental health, and I'm trained in Indigenous Focusing Orientated Therapy and Ecotherapy I work from a humanistic, somatic perspective. My work is focused primarily on historical and current trauma, including chronic toxic stress/burnout. My supervision style is collaborative and honest.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Consultation

## Type of Services

- In-Person

