



Kim O'Leary RCC-ACS

Phone Number:

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Business City:

Victoria

Website:

awakeningheartcounselling
.com

Educational Background:

Master's in Psychotherapy & Spirituality with a specialization in Art Therapy | Degree in Social Work | Diploma in Child & Youth Care

Registrations & Certifications

BCACC | BCCSW | RCAT

Certified Hakomi Therapist | Designated Somatic Experiencing Practitioner

Current Focus:

Private Practice since 2009. I have an in person office located in Victoria BC. I work with adults across the life span with specialized training in the area of trauma and attachment. A high percentage of my client base is working with other therapist, mental health workers, and social workers to support their ongoing well-being. I provide both individual and group clinical supervision in my private practice and through the Canadian International Institute of Art Therapy. I am Approved to provide personal sessions for students training in Somatic Experiencing at all levels. I am Approved to provide Clinical Consultations to students at the Beginners and Intermediate levels of Somatic Experiencing Training. I have been assisting in Somatic Experiencing Training since 2014. Since the early 1980's I have worked in Residential and Psychiatric Services, Hospitals, Eating Disorder Treatment Centre, In Home Support and Community-based services, and Not for Profit organizations providing counseling for Children, Youth and Adults. I entered Private Practice in 2009 and continue to operate a clinic in Victoria BC. where I work with adults, primarily with mental health workers and other therapists. I have a specialization in trauma and attachment work. I began my work as a supervisor to mental health workers, social workers, Early Childhood Educators and Counsellors in the mid 1990's. In the Mid 2000's I began to provide Individual and Group clinical Supervision to students at the BC Art Therapy School. Currently and currently I provide Clinical Group Supervision through the Canadian Institute of International Art Therapy.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

Type of Services

- Telephone
- Online/Remote
- In-Person

