



# Kathy Moodie RCC-ACS

Phone Number:

604-308-1951

Business City:

Abbotsford, Mission

I have been a Registered Clinical Counsellor since 1994. Before that, I was a Registered Nurse for 15 years. For the past eleven years, I have been employed full-time by SARA for Women (Mission and Abbotsford) with women and children fleeing domestic violence. Additionally, I have been the Counselling Manager for a counselling team of seven for seven years and supervising Masters Level Students for eight years.

In my private practice, I have counselled individuals with trauma, childhood abuse, and depression, and supervised counsellors. In addition, I have had significant experience facilitating groups at Fraser Valley Institute and Mennonite Central Committee (MCC) End Abuse Program.

My theoretical approach is CBT, focusing on trauma, and intimate partner violence. I enjoy supervising counselling staff, and students.

Areas of supervision include Clinical Supervision, Clinical Consultation, Group Supervision, Peer Supervision and Peer Consultation.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

