



# Kathryn Rose RCC-ACS

Phone Number:

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Website:

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I am the co-founder and Clinical Director of Human-Nature Counselling Society - a charitable organization which provides accessible mental health services to people across the lifespan primarily through the lens of Nature-Based Therapy. I have been an RCC for almost 15 years, and my focus has primarily been on supporting the well-being of children and youth through a social justice and family systems lens, as well as the development and facilitation of Nature-based group therapy programs for all ages.

Modalities of focus are currently in Emotion Focused Family Therapy, Somatic Transformation and EMDR. I have been providing clinical supervision and consultation since 2014, and am passionate about supporting the learning process and growth of counselling psychology students as they step into their strengths and identity as a clinician counsellor. At the moment my time is primarily focused on providing clinical supervision within my agency for our amazing staff team and practicum students, and thus I am not accepting external colleagues for ongoing consultation/supervision. I do however continue to focus on providing training opportunities to mental health professionals in the practice of Nature-based Therapy, and can provide guidance and consultation in this area.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Consultation

## Type of Services

- Online/Remote
- In-Person

