



# Kathleen Nash RCC-ACS

Phone Number:

236-335-2258

Business City:

Coquitlam, Port Moody,

Port Coquitlam

Website:

[inconversationcounselling.com](http://inconversationcounselling.com)

I am a Registered Clinical Counsellor (RCC) with the BCACC, with a Master of Arts Degree in Counselling Psychology. I am also a Professional Member of the CCPA, possessing a Canadian Certified Counsellor (CCC) designation. I have a passion for working with youth, young adults, and families, and have over 17 years of experience working with clients presenting challenges related to substance use, trauma, grief/loss, anxiety, and depression. My work with clients draws from a range of modalities, including: Narrative Therapy, CBT (Cognitive Behavioural Therapy), Acceptance & Commitment Therapy (ACT), Motivational Interviewing, and Mindfulness practice. In addition to working with individuals and families, over the last several years I have had the privilege of providing clinical consultation, supervision, and mentorship to other counsellors and counselling interns. I strive to offer an experience in clinical consultation and supervision that is supportive, reflective, and grounded in trauma-informed and ethical practice.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote

