



# Julia Hintermeister RCC-ACS

Phone Number:

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Welcome! I am Julia Hintermeister, a dedicated and compassionate RCC-ACS with a passion for child and youth mental health. At its heart, my supervisory approach is oriented to the values of the 7 Eye Model of clinical supervision. This model of supervision emphasizes the importance of multiple perspectives, self-awareness, and a holistic understanding of the therapeutic process. As a clinician, I am person-centered recognizing the inherent worth and dignity of each individual. I strive to foster an environment where counselors feel seen, heard, and valued. Hope is a guiding force in my work. I am steadfast in my belief in the potential for health and transformation. My mission is to guide and support counselors in honing their skills, ensuring that each interaction is imbued with empathy and professionalism.

Join me on this collaborative journey towards professional growth, self-discovery, and the fulfillment of your counseling potential. Together, let's create a therapeutic space where compassion, intentionality, and integrity flourish.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

