



Joy Sereda RCC-ACS

Phone Number:

604-839-9941

Business City:

Vancouver, Kelowna,

Toronto

Website:

joysereda.ca

If you're looking to transition from 'book knowledge' to practice, feel more confident in your work, expand your clinical skills, or get ongoing support through challenging situations – I'm glad you've found me. I am a Registered Clinical Counsellor, Psychotherapist (Ont), Social Worker (BC, AB, Ont), and an Approved Clinical Supervisor with BCACC and CRPO.

In private practice, I work with a wide range of clinical concerns, and primarily draw upon ACT, DBT, Psychodynamic, and CBT orientations. I firmly believe that utilizing various approaches is imperative to meet our client's needs; and this same belief extends to how I view our work together. I follow the Cyclical Model of supervision to ensure a dynamic, interactive, and collaborative process. My goal is to create an anxiety-free and comfortable space for us to foster and strengthen your skills as a therapist and support you through your counselling career.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote

