



Jonathan Wieser RCC-ACS

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In my work with clients since 2010, my approach has been rooted in the client-centered tradition of Carl Rogers, complemented by Emotionally Focused Therapy, AEDP, Internal Family Systems, EMDR, and Neurofeedback.

My supervision methodology combines the Person-Centered/Humanistic paradigm and the Seven-Eyed Model of supervision, adapted to the experiential development of the supervisee. While honoring each supervisee's unique experiences and training, I pay attention to various intra- and interpersonal aspects in both client-therapist and therapist-supervisor dynamics.

I encourage timely engagement and preparedness from supervisees, with a focus on case presentation and in-depth exploration of therapist-client dynamics. I believe in the value of early and transparent discussion of concerns or challenges, viewing these instances not as setbacks, but as opportunities for mutual learning and deeper understanding. Through these tenets, I aim to facilitate a supervision experience that nurtures not only professional competence but also encourages personal growth, transformation, and self-actualization for the therapist.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation

Type of Services

- Online/Remote
- In-Person

