



Dr. Jill Taggart RCC-ACS

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Website:

[https://oneskycommunity.com/
counselling-services/jill-taggart/](https://oneskycommunity.com/counselling-services/jill-taggart/)

I have been a clinical supervisor for 12 years and offer Clinical Supervision for counsellors, clinical supervisors, and counselling interns throughout BC over Zoom, Teams or the JaneApp. I am the Director of Counselling Services at OneSky Community Resources in Penticton, where I am able to work with local supervisees in person. As a former Associate Dean and Program Director at the City University of Seattle (Canada), I integrate self-reflective processes and lifelong learning into the supervision relationship. I am trained in Attachment systems, as a Certified Coder of the Adult Attachment Interview and attachment theory informs my counsellings well as my supervision lens. In clinical supervision, my goal is always to create an attachment secure and safe environment for the intern. Areas of psychotherapy expertise include trauma-informed practice, couples and family counselling, grief and loss, life transitions, anxiety, depression, elder counselling and caregiver counselling.

I have additional expertise in these modalities:

- Acceptance and Commitment Therapy
- Cognitive Behaviour Therapy
- Dialectical Behaviour Therapy
- Emotionally Focused Family Therapy
- Somatic Transformation
- Narrative Therapy
- Coaching for Leaders

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

