



Jenny Watt RCC-ACS

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As important it is to find a therapist who is a good fit for clients, I believe that it is just as important to find a consultant that is a good fit for therapists!

I take on a non-judgmental and collaborative approach to consultations. I fully understand both the power and challenges of using EMDR therapy, and I am passionate about helping EMDR-trained therapists work through those challenges and practice EMDR effectively.

As an EMDRIA Approved Consultant, I offer individual and group consultations to trained EMDR therapists who are working towards the following goals:

- to meet consultation requirements for EMDR Basic Training (10 consultation hours)
- to pursue and obtain EMDR Certification Status (20 consultation hours)
- to build skills and confidence in using EMDR therapy

My goal is to create a non-judgmental and supportive environment for therapists so that they can enhance their clinical strengths and find success in using EMDR in their practice.

Area of Supervision:

- Clinical Consultation

Type of Services

- Online/Remote
- In-Person

