



# Jennifer Hollinshead RCC-ACS

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I've been a counsellor since 2006 and a clinical supervisor since 2014. In order to support survivors of trauma, I noticed that an intersectional feminist stance in trauma therapy was incredibly helpful and transformational for clients, colleagues and myself.

I felt so strongly about intersectional feminism in therapy that I started my own practice and began consulting and providing supervision from an intersectional feminist lens. I look to Bell Hooks, Dr. Laura Brown, Vikki Reynolds and indigenous therapists/consultants such as Tanu Gamble and Jennifer Lee Koble for guidance among others.

My varied professional experiences left me with some very important realizations:

Trauma is often caused or made worse by harmful forces in our world like white supremacy, patriarchy and colonization. Therapist wellness isn't valued or prioritized enough. Burnout, compassion fatigue and vicarious trauma in counsellors is more common than people like to admit. The personal is political - if I don't take an intersectional feminist stance in my clinical work, I will unintentionally perpetuate the harm and trauma of white supremacist, capitalist and patriarchal forces in my sessions with clients and supervisees.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

