



# Jane Beaumont RCC-ACS

Phone Number:

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Business City:

Burnaby, Vancouver,

Coquitlam

Website:

[www.quoiatherapeutics.com](http://www.quoiatherapeutics.com)

Jane is a relationally focused supervisor and have been engaged in clinical supervision over the past 10 years in various capacities. Jane is passionate about the role of the 'person of the therapist', and the learning and development of the therapist over the course of thier career.

Most recently through work with Quoia therapeutics, EFFTAustralia, the International Institute of Emotion Focused Family Therapy and Janes' previous work with the Ministry for Child and Family Development and Trinity Western University, she has focused on developing interns, new therapists, supporting experienced therapists managing compassion fatigue, and long term therapists with the complexities of the their own practice.

Areas of particular focus include Family therapy, Eating disorders, anxiety, mood disorders, family conflict, couples, attachment focused theory models, DBT, CBT, Anxiety, Depression, Eating Disorders and Trauma, and burnout.

The supervision approaches Jane uses include highly process and relationally focused models including the 7-eyed model, which means we attune to the the complexities of processing the therapists experience of their clients, the relationships with clients and supervisors and the systems they are part of. The goal being to increase to supervisees ability to reflect, gain insight into their own process and reorient back to their clients process with increased wisdom and capacity.

Jane is able to provide supervision to individuals, triads, and groups. Supervision may include a review of the supervisee's taped sessions with clients, case reviews, role plays and other experiential exercises, and/or other methods that will be discussed and outlined further in a supervision contract prior to commencing supervision. Jane is also able to provide modality-specific consultation and supervision in EFFT.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision

## Type of Services

- Telephone
- Online/Remote
- In-Person

