



# Hiro Demichelis RCC-ACS

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I am the Clinical Director and Supervisor of Hiro Brain Lab; a Consultant for the program Peace on Purpose x United Nations Foundation and Main Faculty of the Lab of Meditation.

I offer evidence-based psychotherapy with a compassionate approach that allows clients to reach the restitution of a full quality of life and their optimal well-being.

I hold an intersectional feminist stance in trauma therapy to keep both my clients, my colleagues, and myself safer and well-resourced.

Here are some of the principles that inspire me and my supervision practice:

- Individual and collective healing are interwoven.
- Racial and social equity are integral parts of every occurrence where therapy or supervision takes place.
- Science can help us navigate both therapeutic and supervisory interventions and interactions.
- Science is not everything.
- Fun is a fundamental component of learning and thriving.
- Connection is a biological imperative.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

